



APIA Scholars Young Professionals Conference

Virtual Sessions Schedule

Friday, March 27, 2020

Understanding the Importance of Social Capital and Mentorship

Presented by: [Ali Reza Punjani, Mentor Collective](#) | 9:30 - 10:45 AM PST

Session Description: You were accepted to your university just like every one of your peers. You have the academic ability, inner drive, and determination to succeed – just as much as everyone one of your peers if not more. Then why is it that so many students of color, women, first-generation, or low-income students feel that there’s something missing to helping them achieve similar levels of success as our peers? Entering Mentorship and Social Capital. The aim of this session is to facilitate a conversation on the topic of mentorship, its importance, and how to leverage mentorship to build social capital in both professional and peer settings. After this session, scholars should have a solid understanding of what mentorship is and its importance as well as how to go about finding a mentor that aligns with their values and career objectives.

Registration Link:

<https://zoom.us/meeting/register/uJUsc-ygpzwtotLNcE8Z-4kwmO5M31XMlg>

How to be the Perfect Candidate and Get the Internship/Job that You Want!

Presented by: [Lee Ann Chan, National Association of Asian American Professionals](#)

| 11:00 - 12:15 PM PST

Session Description: Do you find yourself endlessly searching for an internship or job, but you're not hearing back or getting rejected from employers? Are you getting interviews, but never seem to get the offer at the end? Do you feel like you're not being paid what you're worth despite having great internship/work experiences? Let's dive into the MOST CRITICAL job searching skills you'll need to get that dream internship/job! This includes the STRATEGIC ways to tailor your resume and cover letter, create a strong LinkedIn profile, ace your interviews, and negotiate the best salary package to start off your career.

Registration Link: <https://zoom.us/meeting/register/vJErfuyhrTguu0bAPgU8w4omi9EVQMEWNg>

Leadership Through Our Life Experiences - Defining Your Leadership Strengths

Presented by: [Richard Leong](#) | 12:30 - 1:45 PM PST

Session Description: Leadership Through Our Life Experiences is a workshop designed to support you in identifying the core experiences that ground your leadership style, and, what that actually looks like. So often, we are only given one idea of what leadership looks like, and that style often fails to represent the experiences and values of APIA cultures and communities. Come ready to reflect, share stories, and build community by supporting each other in seeing how we're all uniquely qualified as leaders

Registration Link:

https://zoom.us/meeting/register/vpwode6rpjoq9as_8UESFiMSdRIGufc-NQ

Assertiveness Training

Presented by: [Linda Akutagawa, Leadership Education for Asian Pacifics](#) | 12:30 - 1:45 PM PST

Session Description: Do you hate to "make waves?" Are you succeeding in making yourself heard? Asian and Pacific Islanders who do top-notch work sometimes find themselves being overlooked because they do not assert themselves in the workplace in the same ways as other employees. This workshop tackles possible reasons for these problems and offers practical ways for Asian and Pacific Islanders to get the recognition they deserve.

Registration Link:

<https://zoom.us/meeting/register/v5UkcuyvrzwqwYldQPKchz7ltP6z2cxkug>

Using Innovative Healing Practices to Provide Culturally Competent Services

Presented by: [Eria Myers, Asian Pacific Counseling Services](#) | 2:00 - 3:15 PM PST

Session Description: This session will present an in-depth case history of an agency's successful integration of spiritual practices as part of its mental health treatment for Cambodians including a short documentary that shows these practices in detail. The methodology, needed elements to engage clients and staff, and outcomes will be reviewed. The session will portray innovative approaches utilized to successfully treat an under-represented population. Scholars and students will learn how to examine spiritual non-traditional healing methods and how to integrate those practices alongside mental health.

Registration Link:

<https://zoom.us/meeting/register/upckceCurTkrqftSRz7WopAXXibfHICPbg>

Compassionate Leadership: Is it possible to be a compassionate leader today?

Presented by: [Dr. Victor Thompson, National Pacific Islander Education Network](#) |

2:00 - 3:15 PM PST

Session Description: Compassionate leaders are empathetic, sympathetic and understanding, yet these qualities are not always viewed as strong leadership. This session will help future leaders assess their ability to become compassionate leaders. Session participants will also learn systems of mindfulness through reflection and music which will support their abilities to show concern for all, and build a positive team.

Registration Link:

<https://zoom.us/meeting/register/uZUtdu-qrzkjplx8aGnLtYkpHOR0pehezg>

Demystifying the Doctoral Journey: A Q&A Session on the Multiple Pathways to Earning a Doctoral Degree

Presented by: [Demeturie Toso-Lafaele Gogue](#), [Franklin Ly](#), [Linh Chuong](#) & [Thao Nguyen, Doctoral Scholars](#) | 3:30 - 4:45 PM PST

Session Description: We recognize the disparities and inequalities that exist to hinder communities of color from accessing graduate education as well as the unique challenges, privileges, histories, and cultures that make up the Asian and Pacific Islander identities. The goal of this Question and Answer (Q&A) session is to share how institutions, departments, localities, and personal obligations have been experienced by five different doctoral students/graduates through a candid conversation. We hope to provide an opportunity to explore and ask whether doctorate education is the right fit for you.

Registration Link:

<https://zoom.us/meeting/register/upUsceygrTsoBJ-6N0ysLdSIHnIFYZKcPw>

The POWER of being Counted! The APIA Community & the Census

Presented by: [Julie Wu, APIA Vote](#) | 3:30 - 4:45 PM PST

Session Description: The 2010 Census used responses to these basic questions to capture a screenshot of the U.S. population in its entirety at the time – and this data has been utilized to inform critical decisions for the next 10 years. From allocation of \$1.5 trillion federal dollars to redrawing of district lines – getting counted in the census is imperative to ensure the visibility and support of our communities and our needs. This interactive workshop will dispel the myths around the 2020 Census, and emphasize the direct impact of getting an accurate count of the AAPI community. Attendees will walk away with a comprehensive knowledge of the census, and understand best practices to spread the word to their families, friends, and peers as trusted messengers. This simple questionnaire will

inform important decisions that will impact our communities for the next 10 years. There is power in our numbers, so count us in!

Registration Link:

<https://zoom.us/meeting/register/tZAqceGprToiHldLRxOL16q1fGyVtqugqA>